Externally controlled atom transfer radical polymerization

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Spatial and temporal regulations of ATRP by external stimuli are presented. Various ATRP techniques, eATRP, photoATRP, and mechanoATRP, are controlled by electrical current, light, and mechanical forces, respectively. Conversely, ARGET and SARA ATRP are controlled by chemical reducing agents. ICAR ATRP is a thermally regulated process through decomposition of a radical initiator. The aim of this review is to highlight the use of external regulations in ATRP and to summarize the state-of-the-art and future perspectives, focusing on mechanistic aspects, synthetic procedures, preparation of polymers with complex architectures and functional materials, and their applications.

I. Introduction

The 1956 landmark work on anionic living polymerization instigated the development of other advanced ionic and coordination controlled/living polymerization procedures.1,2 In an ideal living polymerization system, all polymer chains grow at the same rate without irreversible transfer or termination reactions. Since radical–radical termination is unavoidable and diffusion-controlled, a pure living process is impossible to achieve in radical polymerization.3–5 The concept of creating a dynamic equilibrium between active and dormant species was therefore introduced to radical polymerization, which offered well-defined polymers with narrow molecular weight distributions and preserved chain-end functionality, but with some degree of termination (or transfer) reactions. These systems are often described as controlled radical polymerizations (CRPs), controlled/living, “living”, or, as suggested by IUPAC, reversible-deactivation radical polymerizations (RDRPs).6,7

The most frequently used CRP systems are stable free-radical polymerization (SFRP, including nitroxide mediated polymerization and organometallic radical polymerization),8–11 atom transfer radical polymerization (ATRP),12–22 and degenerative chain-transfer (DT)
polymerization.\textsuperscript{23–26} Control in all these systems is established by the formation of a dynamic equilibrium between the predominant dormant species and a low concentration of propagating radicals. ATRP offers a simple experimental setup that is applicable to a broad range of monomers, utilizing ligands, catalysts, solvents, and commercially available alkyl halide initiators with various structures, which can be attached to surfaces or biological molecules.

In an ATRP equilibrium, alkyl halide initiators (RX, X = Br or Cl) or macromolecular species (P_n−X) are the dormant species that react with a transition metal complex in a lower oxidation state to provide initiating (R*/C15) or growing oligo/polymeric radicals (P_m*) and transition metal complexes in higher oxidation states, which act as deactivators. Before deactivation of the propagating radicals by the transition metal in the higher oxidation state, these intermittently formed radicals initiate or propagate the polymerization. Initially, relatively high concentrations (~1000 to 10 000 ppm) of low activity copper catalysts were used to overcome the irreversible radical termination and formation of the required concentration of deactivator, according to the persistent radical effect.\textsuperscript{27–29}

Significant advances have been made that allow use of parts per million (ppm) catalyst loadings in ATRP reactions through continuous regeneration of activators (complexes in the lower oxidation state) from deactivators (complexes in the higher oxidation state). To reflect the reactivation mechanisms, these procedures have been termed activator regeneration by electron transfer (ARGET) ATRP with various reducing agents,\textsuperscript{30} initiators for continuous activator regeneration (ICAR) ATRP with conventional radical initiators,\textsuperscript{31} or supplemental activator and reducing agent (SARA) ATRP with zerovalent metals,\textsuperscript{32–40} which was also termed single electron transfer living radical polymerization (SET-LRP).\textsuperscript{41–43} Several procedures that allow spatial and temporal regulation of controlled polymerizations by external stimuli such as light, ultrasound, and electric current have been recently developed.\textsuperscript{44,45} These nonchemical methods include electrochemically mediated polymerization (eATRP),\textsuperscript{46–49} photochemically mediated polymerization (photoATRP),\textsuperscript{50–52} and mechnochemically mediated procedures (mechanoATRP).\textsuperscript{53–56}

Many of these external stimuli have been applied to ATRP techniques as shown in Fig. 1. eATRP, photoATRP, and mechanoATRP are externally controlled by electrical current, light, and mechanical forces, respectively. Conversely, ARGET and SARA ATRP could be considered as chemically controlled processes by redox modulation using chemical reducing agents which can be fed to the reaction (in SARA ATRP, the chemical reducing agents also behave as supplemental activators and, for example, can be periodically removed from the reaction mixture). ICAR ATRP is a thermally regulated process through the decomposition of the radical initiator and can be controlled by changing the temperature and also the feeding rates of the initiators.

The aim of this review is to highlight the use of external regulation in ATRP and to summarize the present state-of-the-art and future perspectives, focusing on mechanistic aspects, synthetic procedures, preparation of polymers with complex architecture and functional materials, and their applications. Special emphasis will be given to rapidly developing eATRP, photoATRP, and recently reported mechanoATRP.
II. eATRP

II.1 Mechanism

In eATRP, electrodes with relatively large surface areas (~ 5 cm²) were used as electron sources for the bulk electrolysis of X–CuII/L+, which then generated CuI/L and triggered controlled polymerization.46,49 eATRP was generally carried out in a three-electrode setup, which has been described in detail in ref. 49 and 57. In eATRP, electrons were directly used as ‘reducing agents’, thus avoiding the formation of any byproducts from activator regeneration. Polymer contamination was minimized when separating the anodic compartment from the cathodic one, where polymerization occurred. Most importantly, polymerization was strictly controlled by the applied electrochemical parameters, such as potential and current, which were selected based on the electrochemical properties of the catalyst.

The catalyst was typically screened by cyclic voltammetry (CV). An example for the eATRP of n-butyl acrylate (BA) catalyzed by Cu/tris(2-pyridylmethyl)amine (TPMA) is presented in Fig. 2A. The CuII/L catalyst complex typically had a well-defined and reversible redox wave, from which the half-wave potential was calculated as $E_{1/2} = (E_{pc} + E_{pa})/2$, where $E_{pc}$ and $E_{pa}$ were the cathodic and anodic peak potentials. Addition of an RX initiator modified the voltammetric pattern, increasing the cathodic peak current $I_{pc}$ and decreasing the anodic one $I_{pa}$.

This was due to the occurrence of the eATRP electrocatalysis as presented in Scheme 1. First, X–CuII/L was reduced to X–CuI/L, which partially dissociated to $X^- + Cu^{II}L^+$. The latter was involved in the ATRP equilibrium, resulting in the generation of radicals and reformation of X–CuII/L+, which closed the catalytic cycle. Radicals propagated with monomers and eventually terminated.

In potentiostatic eATRP, polymerization was started by applying a fixed potential ($E_{app}$) close to or more negative than $E_{1/2}$ (Fig. 2A). Application of $E_{app}$ under stirring generated a cathodic current due to the reduction of CuII species (Fig. 2B). The polymerization rate depended on the applied “overpotential” $\eta = E_{app} - E_{1/2}$. More negative $\eta$ values caused higher cathodic currents, which translated to faster polymerization rates (Fig. 2C). The polymerization rate changed with $\eta$ due to the modulation of the CuII/CuI ratio on the surface of the electrode as expressed by the following relationship:59,60

$$\eta = \frac{RT}{F} \ln \frac{[X-Cu^{II}L^+]}{[X-Cu^I]}$$

Fig. 2 eATRP as a function of $E_{app}$ at overpotentials ($\eta$) ranging from 0 to ~0.165 V. (A) CV of 1 mM Br–CuII/TPMA+ in 56% (v/v) BA/DMF + 0.2 M n-Bu4NClO4 recorded at a scan rate (v) of 50 mV s⁻¹ in the absence (dashed black) and presence (solid black) of 13 mM EBiB. Linear sweep voltammetry (solid red) using an identical formulation to those in CV containing EBiB under convection. Black circles correspond to applied potential values ($E_{app}$), expressed as $\eta$ values, used in eATRP experiments. (B) Current versus time, (C) first-order plot of monomer conversion versus time, and (D) $M_n$ and $M_w/M_n$ versus conversion. Reaction conditions: [BA]₀/[EBiB]₀/[Br–CuII TPMA+]₀ = 300/1/0.09, [n-Bu₄NClO₄]₀ = 0.2 M, [IBA]₀ = 3.9 M in DMF, T = 44°C, $V_{tot}$ = 23 mL, and stirring rate = 875 rpm. For clarity, $\eta = -0.180$ V was omitted from (B–D). Reproduced from ref. 58 with permission from the American Chemical Society, copyright 2013.

Scheme 1 Electrocatlytic mechanism in eATRP.
where \( R \) is the gas constant and \( F \) is the Faraday constant. The rate increase reached saturation at the \( \eta \) value, due to the mass transfer limitation. The total consumed charge was used to estimate the extent of radical–radical termination during an eATRP. In fact, each termination event (i.e., one consumed radical) caused the accumulation of one molecule of the Cu\( ^{II} \) complex and its successive one-electron reduction to Cu\( ^{I} \), with the consumption of one elementary charge.\(^{61-63}\) Therefore, eATRP allows not only an external regulation of polymerization, but also in situ monitoring of the reaction through information such as consumed charge and cyclic voltammetry of complexes.

The overpotential, \( \eta \), also modulated dispersity; more negative \( \eta \) values established a lower Cu\( ^{II} \)/Cu\( ^{I} \) ratio, which caused slightly higher dispersity due to a slower rate of deactivation. This effect was quite small for the polymerization using highly effective Cu/TPMA in DMF (Fig. 2D), but stronger modulation of \( D \) with an overpotential was reported in water,\(^{64}\) in ionic liquids,\(^{65}\) or in DMF with the Cu/N,N,N,N’,N,N’'-pentamethyldiethylenetriamine (PMDETA) catalyst.\(^{58}\) Similar properties were obtained when the Fe\( ^{III}/\!\!\!^{II} \) redox couple with phosphine ligands was used, but with inferior polymerization control.\(^{66-68}\)

Temporal polymerization control was achieved by switching \( \eta \) between \( \eta < 0 \) and \( \eta > 0 \), Fig. 3A. Application of a positive overpotential caused rapid oxidation of Cu\( ^{II} \) to Cu\( ^{III} \) deactivators,\(^{59}\) which quickly halted the polymerization. Complete reinitiation resulted after switching again to negative \( \eta \), confirming the preservation of dormant ATRP chain ends. eATRP allowed very accurate temporal control. Without application of an oxidation potential, polymerization slowly decelerated due to radical termination and not due to the direct oxidation of the catalyst.

**Catalytic halogen exchange.** Switching of the chain-end halogen from C–Br to C–Cl was required when building a block copolymer where the second block was more active (i.e., had higher \( K_{\text{ATRP}} \)) than the first block.\(^{70}\) Electrochemical regeneration of a small amount of Cu\( ^{II} \)/L (10 mol% with respect to \( P_n\text{Br} \)) allowed complete conversion of the chain end of the macroinitiator from C–Br to C–Cl, in the presence of an amount of Et\(_3\)NCl equimolar to the initiator.\(^{65}\) Without regeneration of Cu\( ^{II} \) through the external electrochemical control, the halogen exchange (HE) required high concentrations of catalyst, i.e., adding an amount of Cu\( ^{II}\)/L equal to, or higher than, the amount of \( P_n\text{Br} \) chain ends,\(^{71-81}\) which ensured complete conversion of \( P_n\text{Br} \) to P–Cl.

The mechanism of catalytic halogen exchange (cHE) under electrochemical control is illustrated in Fig. 4A for the chain extension of poly(methyl acrylate)-Br (PMA-Br) with acrylonitrile (AN). Once PMA-Br was activated (step I), the generated radical quickly added one or more molecules of acrylonitrile, which was present in a large excess in the polymerization mixture (step II). In the presence of excess Cl\( ^{-} \), most of the deactivator complex was converted to Cl–Cu\( ^{II} \)L\(^{+} \), because of the higher affinity of Cu\( ^{II} \) for Cl\( ^{-} \) than Br\( ^{-} \) (step III).\(^{64,82,83}\) Then, the polycrylonitrile (PAN) chain end was preferentially deactivated by Cl–Cu\( ^{II} \)TPMA\(^{+} \), regenerating the active Cu\( ^{II} \)L\(^{+} \) and a Cl-capped dormant chain (step IV). cHE had good reinitiation of PMA-Br (Fig. 4B), whereas poor reinitiation was observed in the absence of excess Et\(_3\)NCl, which prevented complete halogen exchange (Fig. 4C).

**Simplification of the eATRP setup.** Several modifications and simplifications of the eATRP setup from the original three-electrode setup have been developed. The traditionally used platinum working electrode was substituted with less expensive and more available metals or carbon based materials (e.g., stainless steel, NiCr alloys, glassy carbon).\(^{69,84}\)

In typical eATRP setups, the counter electrode was separated from the polymerization medium using a two-compartment

![Fig. 3](image-url)  (A) Variation of conversion (black circles) and the applied potential (dashed lines) with time during the eATRP of methacrylic acid; no potential was applied during the first 20 min. \( C_{\text{Cu}^{II}}:C_{\text{RX}}:C_{\text{CuCl}^{2+}}:C_{\text{TPMA}}:C_{\text{Et}^{3}N\text{Cl}} \) = 200 : 1 : 0.1 : 0.4 : 29, \( T = 25^\circ \text{C} \). Reproduced from ref. 62 with permission from the American Chemical Society, copyright 2016. (B) Splitting of a chronocoulometry recorded during potentiostatic eATRP into several galvanostatic steps. Reproduced from ref. 69 with permission from Wiley, copyright 2016.

![Fig. 4](image-url)  (A) Mechanism of cHE. (B and C) eATRP of 50% (v/v) AN in the [BMIm][OTf] + PMA-Br macroinitiator performed at \( E_{\text{applied}} = E_{\text{U2}} - 0.06 \text{ V} \); \( C_{\text{AN}}:C_{\text{PMA-Br}}:C_{\text{CuBr}_{2}}:C_{\text{TPMA}}:C_{\text{Et}^{3}N\text{Cl}} \) = 740 : 1 : 0.1 : x : 8. (B) x = 12 and (C) x = 0. \( C_{\text{CuBr}_{2}} = 10^{-3} \text{ M} \). GPC traces recorded before (--) and after (--) chain extension. Reproduced from ref. 65 with permission from the Royal Society of Chemistry, copyright 2018.
eATRP in water or in organic solvents generally required a supporting electrolyte to enhance conductivity. Ionic liquids, however, had sufficient conductivity to carry out an eATRP without any supporting electrolyte.55,82 The ionic liquid/catalyst mixture was recycled several times after simple extraction of the polymer in toluene.

Galvanostatic eATRP required a simpler two-electrode setup (without any reference electrode), instead of the traditional three-electrode setup. The current program was composed of multiple current steps set to mimic the current decay of a potentiostatic eATRP (Fig. 3B). eATRP with a two-electrode setup could be carried out with a simpler current generator instead of a potentiostat.49

Copper removal. Application of \( \eta \ll 0 \) caused the reduction of \( Cu_{\text{aq}}^2 + \) to \( Cu^0 + L \). The generated \( Cu^0 \) deposited on the working electrode, allowing easy purification of the reaction mixture.58,92 Cu was removed also from a miniemulsion system, enhancing the stability of the latex.93

II.2 Miniemulsion

Dispersed media are challenging for eATRP because the electrode is in contact with the continuous aqueous phase, while the reaction occurs in the dispersed hydrophobic droplets. Two approaches were developed to promote electrochemical communication between the electrode and the polymerizing droplets.

Dual catalysis. A dual-catalyst system was developed to deliver the electrochemical stimulus from the aqueous phase to the droplets. The system was composed of one hydrophilic and one hydrophobic catalyst.94 Well-defined poly(\( \tau \)-butyl acrylate) (PBA) homopolymers and block copolymers were obtained with a water soluble \( Cu/N,N\text{-bis}[2\text{-pyridylmethyl}]\text{-2-hydroxyethylamine} (BPMEA) \) complex (\( Cu/L_{\text{org}} \)) in combination with a hydrophobic \( Cu/bis[2\text{-4\text{-methoxy}\text{-3,5-\text{dimethyl}}}\text{-pyridylmethyl}]\text{octadecylamine} (BPMODA*) complex (\( Cu/L_{\text{org}} \)), soluble in the dispersed organic phase. The mechanism of this “dual catalyst” system is presented in Scheme 2A. X–Cu\(^{II}L_{\text{aq}}\) was reduced at the working electrode. Then, the more hydrophobic cuprous catalyst migrated to the organic phase, where it could reduce the organic phase catalyst instead of a potentiostat.49

Scheme 2  Mechanism of miniemulsion eATRP: (A) dual catalysis with one hydrophilic and one hydrophobic catalyst; and (B) ion-pair and interfacial catalysis with a single hydrophilic catalyst. DS = dodecyl sulfate.
chain end by carboxylates. This side reaction was suppressed by carrying out the polymerization at pH ≤ 1 and switching from the C–Br to C–Cl chain end. Again, application of an external electrochemical regulation allowed efficient reduction of Cu(n) despite the change in chain-end reactivity and the low pH conditions. In contrast, these changes altered the redox properties of chemical reducing agents such as ascorbic acid.

**Polymer architecture.** eATRP was successfully used in the preparation of polymers with complex architecture that required high chain-end fidelity and low coupling between multifunctional macromolecules. Manipulation of $E_{app}$ allowed selecting the best compromise between fast polymerization and low degree of radical termination in the preparation of block copolymers,101–103 multi-block copolymers,104 and star polymers,105–108 even when very low catalyst loadings were used, 10 ppm.101

eATRP was particularly advantageous for the synthesis of star polymers using macroinitiators via the arm-first approach (Fig. 5A). A linear poly(ethylene oxide)-Br (PEO-Br) macroinitiator was chain-extended with a diacrylate monomer, which cross-linked, forming the star core. $E_{app}$ was progressively shifted towards more reducing values during the polymerization, as shown in Fig. 5B. This caused a gradual increase in the $R_p$, thus diminishing star-star coupling in the initial stages of the chain extension/crosslinking, providing high molecular weight (MW) stars in higher yields than with a single-potential approach.109

**Surface-initiated eATRP.** Surface-initiated (SI)-eATRP was developed to grow polymers from initiator-functionalized surfaces. The substrate for polymer growth was either the working electrode itself (Fig. 6A) or a nonconductive surface located close to a traditional flat (Fig. 6B) or a bipolar electrode (Fig. 6C).

The first method (Fig. 6A) was used to generate polymer brushes on a gold electrode, decorated by a self-assembled monolayer (SAM) of ATRP initiators.109 A better film morphology was obtained when diluting the insulating layer of initiators with conductive naphthalene thiols. The $E_{app}$ value modulated the thickness of the polymer chains. Au was the most used substrate in both organic110,111 and aqueous media,112–114 but brushes were also grown from functionalized carbon fibers,115 paraffin-impregnated graphite,116 conducting polymers,117 ordered mesoporous carbons,118 Au nanodendrites,119 and Pt wire functionalized with an enzyme.120 Several of these modified surfaces were used as electrochemical sensors with unprecedented sensitivity and linear ranges. Brush growth on gold electrodes was monitored in situ by atomic force microscopy121 and by electrochemical surface plasmon resonance.122

The second approach (Fig. 6B) employed insulating silica layers,109,123 nanoparticles,124 and polyethersulfone membranes.125,126 This approach allowed precise spatial control: (co)polymer brushes with a gradient of thickness across a surface were crafted from a tilted, functionalized substrate placed near the electrode.109 The tilted geometry generated a non-uniform diffusion gradient, which resulted in a gradient of the $[\text{Cu}^1]/[\text{Cu}^0]$ ratio across the substrate surface, causing faster brush growth close to the electrode.

A variation of this second approach used a bipolar electrode (BPE) to modulate the polymerization rate along a surface (Fig. 6C).127 A bipolar electrode is a wireless electrode whose potential was regulated though a second set of “drive” electrodes placed outside the working solution.128 3D gradient polymer brushes were created on an initiator-modified glass plate located close to the cathodic region of the BPE, where reduction to CuI occurred at a variable rate according to the potential gradient across the electrode. A small BPE (~1 mm) with a cylindrical geometry was used to “write” polymer brushes on a surface as an excellent illustration of spatial control.

**II.4 eRAFT**

An electrochemically mediated reversible addition–fragmentation chain transfer polymerization (eRAFT) presented different challenges from those of an eATRP. While Cu/L complexes for ATRP had a well-defined and reversible redox behavior,79,129 RAFT agents gave irreversible peaks (Fig. 7B).130 These irreversible redox processes could not be directly exploited to generate radicals. Essentially, the chain transfer agents were decomposed upon reduction.131,132
To circumvent this limitation, various radical initiators, such as benzoyl peroxide (BPO), or diazonium salts, such as 4-bromobenzenediazonium tetrafluoroborate (BrPhN₂⁺), were reduced at the working electrode. A proposed mechanism of eRAFT is presented in Fig. 7A.

The reduction peak of BPO on a Pt electrode partially overlapped with that of the chain transfer agents, limiting the available range of $E_{\text{app}}$ (Fig. 7B). However, well-controlled PBA and poly(methyl methacrylate) PMMA were obtained at $E_{\text{app}}$ more positive than the peak potential of the chain transfer agent. Reduction of BrPhN₂⁺ occurred at much more positive potentials than reduction of the chain transfer agents (CTAs), resulting in a more effective generation of radicals to initiate a RAFT polymerization. However, electrode conductivity was decreased by the undesired electrografting of the aryl radicals onto the electrode surface. The rate of radical generation was successfully controlled by the electrical current or potential, providing well-defined polymers with variable degrees of polymerization (DP) and good retention of chain-end functionality.

III. PhotoATRP

III.1 Cu systems

III.1.1 In the presence of photoinitiators and photosensitizers. Photoinitiators and photosensitizers are photosensitive compounds, which provide reactive species, either free radicals or ions, under ultraviolet-visible (UV-vis) light irradiation. Photoinitiated systems can be separated into two categories based on the mechanism employed to form a radical: unimolecular dissociation (type I) or a bimolecular process (type II), Scheme 3. A unimolecular photoinitiator produces active free radicals by homolytic bond cleavage, while a bimolecular photoinitiator system provides free radicals by the reaction between a long-lived excited triplet state of the photoinitiator and a co-initiator via a hydrogen abstraction or an electron-transfer mechanism. The active free radicals generated from photosensitive compounds could (re)generate the ATRP activator in a lower oxidation state, from a deactivator in a higher oxidation state. Many photosensitive compounds including unimolecular radical initiators, bimolecular radical initiators, dyes, semiconducting nanoparticles, and metal carbonyls were investigated for photoinitiation and control of an ATRP process (Fig. 8).

Unimolecular photoinitiators such as 2,2-dimethoxy-2-phenyl acetophenone, Irgacure 2959, and bis(2,4,6-trimethylbenzoyl)-phenylphosphine oxide generate free radicals via homolytic bond cleavage under UV irradiation, a procedure that could be used to establish and maintain an ATRP equilibrium at room temperature. In a bimolecular initiation system, benzophenone or camphorquinone requires the presence of a co-initiator such as tertiary amines, thiols, or alcohols to produce reactive radicals for the activation of an ATRP. For example, a combination of camphorquinone and benzhydrol was used; upon irradiation, the excited camphorquinone abstracted a hydrogen from benzhydrol to form two ketyl radicals, which reduced Cu(II) to Cu(I) rather than initiating the polymerization by addition to the monomer. In the absence of the hydrogen donor source, benzhydrol, the process was poorly controlled. The addition of benzhydrol provided good control, giving polymers with predicted molecular weight and narrow molecular weight distributions. Both reverse ATRP and simultaneous reverse & normal initiation (SR&NI) procedures were investigated for photoinduced ATRP.

Some inorganic photoinitiators, including zinc oxide, titanium dioxide, niobium pentachloride (NbCl₅), and mesoporous carbon nitride nanoparticles, are capable of absorbing visible light and consequently releasing electrons in the conductive band. These electrons could efficiently modulate an ATRP process by reduction of Cu(n) deactivators to Cu(i) activators.

Another type of photosensitive compound, dimanganese decacarbonyl ($\text{Mn}_2\text{(CO)}_{10}$), homolytically decomposed to form manganese pentacarbonyl radicals ($\text{Mn}(\text{CO})_5$) under visible light or sunlight irradiation. These radicals abstracted halogen atoms from allyl halides to generate carbon centered radicals, which reduced the Cu(n) deactivators to Cu(i) activators. The photoinduced ATRP of (meth)acrylates and styrene (Sty) was successfully conducted using this activation mechanism, with complete temporal control. This approach was extended to synthesize graft copolymers from commercially available poly(vinyl chloride).

III.1.2 ATRP in the absence of photoinitiators and photosensitizers. The photoATRP in the absence of photoinitiators and photosensitizers has received increasing attention. Rate enhancement in the presence of visible light during the ATRP of methyl methacrylate (MMA) with CuCl/2,2'-bipyridine (bpy) as a catalyst was first observed in 2000. Subsequently, UV-irradiated dithiocarbamate in the presence of copper catalyst provided a well-controlled polymerization of MMA. A photo-ATRP (Scheme 4) was conducted via photo-reduction of Cu(II) salts by excess PMDETA. This methodology was further developed by decreasing the catalyst loading to less than 100 ppm using PMDETA and TPMA ligands. Later, a Cu-based
photoATRP was reported for the polymerization of acrylates in the presence of excess Me₆TREN ligands.¹⁵⁴,¹⁵⁵

Initiators. Alkyl halide initiators play a crucial role in ATRP reactions. PhotoATRP reactions carried out in the absence of an ATRP initiator only resulted in uncontrolled polymerizations and low conversion of monomers.¹³⁵,¹⁵¹–¹⁵⁸ Ethyl α-bromoisobutyrate (EBiB) was the most frequently used initiator for the photoATRP of acrylates, while 2,3-dihydroxypropyl 2-bromo-2-methylpropionate and 2-(2-hydroxyethoxy)ethyl 2-bromo-2-methylpropionate were also successfully used as ATRP initiators under photoATRP conditions (Fig. 9). Bifunctional initiators, ethylene bis(2-bromoisobutyrate) and bis[2-(2′-bromoisobutyloxy)ethyl]disulfide, were used to synthesize π,ω-telechelic block copolymers.¹⁵⁹

Ethyl α-bromophenylacetate (EBPA) and 2-bromopropionitrile (BPN) were typically selected as more reactive initiators for the polymerization of methacrylates,¹⁶⁰ providing polymers with lower dispersity compared to the polymerizations of methacrylates using EBiB as an initiator.¹⁵²,¹⁵³ Chlorinated initiators were less active under photoATRP conditions, leading to a slower rate of polymerization and poorer control due to the lower initiation efficiency compared to alkyl bromides.¹⁶¹,¹⁶²

Copper salts. The copper source and selection of ligands are important parameters in photoATRP reactions, due to the...
solubility of formed copper complexes and the possibility of the photo-reduction of the Cu(n) complex by excess ligands. Most photoATRP systems used copper(II) bromide as the copper source, and resulted in good control over the polymerization of various monomers in the presence of different solvents and various light sources.154,156,163–166 However, in addition to CuBr₂ as the sole source of copper, copper(0), copper(1) bromide, and copper(II) chloride were used as the copper salts.154 Also, copper formate,166 copper(II) gluconate,167 CuO,156 and CuSO₄·5H₂O161 were successfully used. Thus, whatever copper source was employed, the polymerization was controlled by the CuBr/CuBr₂ species formed in situ.

Cu-MOF. A solid-state catalyst based on a copper metal organic framework (MOF) was developed for photopolymerization under visible light, without requiring external photoinitiators or sensitizers.168 The MOF, composed of terephthalic acid linkers and amine ligand pillars, was reduced from the Cu(II) to the Cu(I) state by simple visible light irradiation. Challenging monomers such as vinylpyridines, which can strongly complex to soluble Cu ions, were successfully polymerized due to the stability of the MOF crystal structure. Moreover, as a heterogeneous catalyst, the MOF was easily separated, recovered, and repeatedly used for several photopolymerizations.

Ligands. The photoATRP of methyl acrylate (MA) with EBiB as an ATRP initiator using tris(2-aminoethyl)amine (TREN) as a ligand provided a similar degree of control to the polymerization using Me₆TREN (Fig. 10). However, the polymerization with PMDETA resulted in a slower polymerization as well as inferior control.154 TPMA and tris((4-methoxy-3,5-dimethylpyridin-2-yl)methyl)amine (TPMA*) were used as ligands for the photoATRP of both acrylate and methacrylate in dimethylformamide (DMF) with visible light irradiation.153 The polymerizations with these ligands provided very narrow molecular weight distributions with only 100 ppm of copper catalyst.

A Cu-based photoredox catalyst, [Cu(phen)₂]Br (phen: 1,10-phenanthroline), was reported for photoATRP using visible light.169,170 Although the polymerization was very slow, due to the very low light intensity of a 0.9 W light-emitting diode (LED, λ = 465 nm) light source, the polymerization provided excellent control with only 80 ppm of catalyst.

Solvents. Two parameters are crucial for the selection of a suitable solvent for a photoATRP: solvent polarity and ability to dissolve the copper complex. For example, the bulk polymerization of MMA did not provide good control over the polymerization due to the insufficient solubility of the copper complex in the non-polar medium.161,164 Much better control was achieved when methanol was added to the reaction mixture to increase the solubility of the catalyst.190 Most photoATRP reactions of acrylates were performed in dimethyl sulfoxide (DMSO).135,154,156,163–167,171–173 Other suitable solvents included ionic liquids,163 acetonitrile (MeCN),135,154 DMF,133,154,164 toluene, and alcohols.154,164 The photoATRP of
methacrylates was predominantly conducted in DMF,\textsuperscript{141,153,157,161,172} but successful polymerizations were also carried out in DMSO,\textsuperscript{156,161} anisole,\textsuperscript{152,156,161} acetonitrile,\textsuperscript{135} methanol,\textsuperscript{150,174} 1-butyl-3-methyl-imidazolium hexafluorophosphate ([bmim][PF$_6$]),\textsuperscript{157} or bulk monomers.\textsuperscript{135,151} The copper-catalyzed photoATRP of semi-fluorinated (meth)acrylates was conducted in a semi-fluorinated solvent, 2-trifluoromethyl-2-propanol, which gave good monomer, polymer, and catalyst solubility, while avoiding transesterification reactions.\textsuperscript{175}

Water was considered a challenging solvent for ATRP due to the high ATRP equilibrium constant, the partial dissociation of the halide ion from the deactivator, and the hydrolysis of carbon–halogen bonds in water. For example, the polymerization of oligo(ethylene glycol) methyl ether acrylate (OEGA$_{480}$) in water resulted in an uncontrolled free radical polymerization under photo-ATRP conditions,\textsuperscript{164} while the same reaction in DMSO gave well-defined polymers. Recently, a successful photoATRP in aqueous media was reported for the polymerization of oligo(ethylene oxide) methyl ether acrylate (OEOMA) using CuBr$_2$/TPMA as a catalyst.\textsuperscript{176} TPMA was selected as the ligand because it formed a stable Cu(I) complex without significant disproportionation.\textsuperscript{64} Good control was achieved with Cu concentrations as low as 22 ppm after addition of 5 or 30 mM NaBr to the reaction mixture. A similar approach was later reported for the photoATRP of water-soluble oligo(ethylene oxide) methyl ether acrylate (OEOA).\textsuperscript{177}

**Irradiation and temporal control.** The source of irradiation has a significant impact on photoATRP reactions, since different copper complexes and reaction mixtures have different absorption spectra. Various light sources were investigated for the polymerization of MA with 100 ppm of CuBr$_2$ and TPMA$^3$ as a ligand in DMF (Fig. 11).\textsuperscript{153} An attempt to conduct a polymerization using red light ($\lambda = 631$ nm; $8.9 \pm 0.5$ mW cm$^{-2}$) gave no conversion after more than 20 hours of irradiation, since the copper complex did not absorb light at this wavelength. However, irradiation within the ligand-to-metal charge-transfer (LMCT) region by blue ($\lambda = 450$ nm; $10.0 \pm 0.5$ mW cm$^{-2}$) and violet ($\lambda = 392$ nm; $0.90 \pm 0.05$ mW cm$^{-2}$) light resulted in 26% and 71% conversion after 20.5 h and 27 h, respectively. Sunlight-mediated polymerization was even more efficient, reaching 81% conversion and providing a well-defined polymer with $M_n = 21000$ and $D = 1.09$.

Different light sources were also examined for a Cu-based photoATRP of MA using Me$_6$TREN as a ligand and EBiB as an initiator in DMSO.\textsuperscript{154} The polymerization with UV light (360 nm)
gave a significantly faster polymerization rate than with sunlight or visible light. This was attributed to the larger absorption coefficient of Cu complexes in the UV range compared to the visible range. In agreement with previous studies, photoATRP mediated by blue light gave a slower polymerization rate but maintained good control.

Temporal control is one of the major advantages of photo-mediated reactions over thermal reactions. In principle, no reaction should occur without irradiation, and the reaction should stop when the irradiation is turned off (Fig. 12). However, limited temporal control could be achieved in some photoATRP reactions—in the absence of irradiation the polymerization rate was much slower, but the reaction did not fully stop. These observations indicated that the photogenerated active Cu(i) activator remained in the reaction mixture and continued to activate the dormant species without irradiation.

**III.1.3 Mechanism: regeneration vs. activation.** The mechanism of photoATRP has been investigated in several reports. Photoirradiation does not change the rate of chain-end activation by traditional ATRP copper complexes: the rates of activation of alkyl halides by the CuII/N,N,N′,N′,N″,N″′-hexamethyltrityleneamine (HMTETA) or TPMA catalyst were measured under irradiation and negligible differences were found compared to the rates without irradiation. The CuBr2 complex with excess TPMA or Me6TREN ligands or with triethylamine under irradiation conditions could regenerate the Cu(i) activator in a reductive quenching cycle (Scheme 5). Excess amine was required to close the quenching cycle: a faster rate of polymerization was observed after increasing the ligand to copper ratio. An appropriate electron donor such as triislyamine could be added to the reaction to replace the excess amount of ligand, maintaining similar kinetics with good polymerization control. In contrast, the ground state of the [Cu(phen)]2+Br catalyst was not reactive enough to activate an alkyl halide and conduct a thermal copper-mediated radical polymerization at room temperature. However, upon irradiation, the excited [Cu(phen)]2+ reduced the alkyl halide to initiate the polymerization and generated a propagating radical by an oxidative quenching cycle rather than an amine-based reductive quenching cycle.

A series of polymerizations was conducted with one or more reaction components removed from the standard model reaction in order to provide a better understanding of the mechanism of photoATRP in the presence of excess ligands. The contribution of different pathways to activator regeneration is shown in Fig. 13 for an irradiation wavelength of 392 nm. The dominant activation (re)generation mechanism, 90%, was the photoreduction of CuII complexes by free amine moieties (Cu + L), similar to an ARGET ATRP process. The aliphatic amine was oxidized to the corresponding radical cation, which could initiate new chains after proton transfer. The second dominant contribution, 8%, to radical generation was a photoreaction between the ligand and alkyl halide (RX + L), generating radicals in an ICAR-like process. This pathway was one order of magnitude slower than the photoreduction of Cu(0). Other processes, such as the reaction between ligands and monomers (M + L), and the photochemical cleavage of alkyl halides (RX) were present but with negligible contribution, ~1%.

A more detailed investigation, at the molecular level, was conducted using a pulsed-laser polymerization (PLP) technique in conjunction with electrospray-ionization mass spectrometry.
(ESI-MS) to analyze the structure of the polymer and its chain end groups. Similar to a previous study, different combinations of the photoATRP reaction components were examined—EBiB, CuBr₂, Me₆TREN, MMA, and DMSO. This work confirmed that the contribution of amine-containing Me₆TREN is the dominant activation pathway in the photoreduction of CuBr₂/L. Different irradiation sources can affect the contributions from different pathways. For instance, the homolytic cleavage of the C–Br bond should be faster with UV light than with visible light.

The effect of light on normal, ICAR, and ARGET ATRP was investigated. ICAR ATRP was not significantly influenced under irradiation with two fluorescent lamps (λ = 400–750 nm) at a distance of 10 cm from the reaction mixture. However, in the presence of a very low concentration of 2,2'-azobis(2-methylpropionitrile) (AIBN), 0.035 equiv. with respect to the ATRP initiator, a photochemical process contributed 50% to activator regeneration in a 392 nm photoreactor (0.9 mW cm⁻²).

An ARGET ATRP with excess PMDETA ligands gave similar polymerization rates under both ambient light and dark conditions. Under normal ATRP conditions a large enhancement in the polymerization rate was observed under ambient light compared to the polymerization in the dark. This enhancement in the rate could be due to the photoreduction of the Cu(II) complex by excess ligands. However, in the ARGET ATRP, the photoreduction process was plausibly much slower than the chemical reduction of Cu(II) by reducing agents such as ascorbic acid.

III.2 Fe systems
Iron is another well-studied transition metal for ATRP due to its abundance, lower toxicity, and lower cost than copper. Photomediated ATRP using iron as the catalyst successfully polymerized various methacrylates, while the polymerization of acrylates was more challenging. Under photoICAR (PhICAR) conditions with BPO and AIBN as photoinitiators, a controlled radical polymerization of MMA was achieved using CCl₄ as the ATRP initiator and FeCl₃/tetramethylethylenediamine (TMEDA) as the catalyst. Moreover, the FeCl₃/bpy complex was reduced in ethanol under irradiation at room temperature, and a well-defined PMMA was synthesized using this photoreduction process. An induction period was typically observed due to the slow formation of the Fe(II) activator in situ, and complete temporal control was observed when the irradiation was turned off.

The photoATRP of MMA based on FeCl₃/triphenylphosphine (PPh₃) as a catalyst was also conducted with nanosized α-Fe₂O₃ as a photoinitiator in poly(ethylene glycol) (PEG) as solvent. The polymerization was not perfectly controlled with the dispersity of the synthesized polymers ranging from 1.39 to 1.68. A similar situation was also observed in a photoATRP using iron-based photoredox catalysts such as Fe(bpy)₃(PF₆)₂ and the pyridylimine Fe complex shown in Fig. 1. Both catalysts gave linear semi-logarithmic plots and linear relationships of M_n with conversion. However, the polymer synthesized from Fe(bpy)₃(PF₆)₂ had about 10 times higher molecular weight than the theoretical value, indicating a very limited initiation efficiency. A broad molecular weight distribution (M_w/M_n = 1.5–2.2) was observed for the polymerization with the pyridylimine Fe complex, which was attributed to the photo-degradation of the iron photoredox complexes during the polymerizations.

Based on a previous report that FeBr₂ could catalyze the ATRP of methacrylates in the presence of polar solvents such as DMF and MeCN without additional ligands, an Fe-based photoATRP of methacrylates was carried out using only air-stable FeBr₃ and ATRP initiators, without additional ligands, reducing agents, or thermal radical initiators. A mixture containing a methacrylate monomer, FeBr₃, and EBP in MeCN under irradiation provided well-defined polymers with high chain-end functionality. An ultraviolet-visible-near infrared (UV-vis-NIR) spectroscopic study showed that the photoreduction of Fe(II) to Fe(II) was achieved in the presence of excess

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**Fig. 14** Structures of selected Fe, Ru, Ir and Au catalysts in photoATRP.
monomers under irradiation. Another interesting observation was that activation of alkyl bromide by Fe(s) activators at room temperature required irradiation, Scheme 6, and no observable monomer conversion was detected without irradiation. By taking advantage of this mechanism, a further simplified method was developed using only monomer and FeBr3 in the absence of alkyl halides. The photoreduction of FeBr3 by MMA converted the monomer in situ to an ATRP initiator, methyl 2,3-dibromopropionate, in which only the bromine in the 2-position was an active ATRP initiator. Thus, in this system FeBr3 acts as a deactivator, as well as a source of the FeBr2 activator and RBr initiator.

A similar iron-catalyzed photoATRP with the in situ formation of alkyl halides was conducted using FeCl3 rather than FeBr3 in the presence of tris(4-methoxyphenyl)phosphine as a ligand, which was then extended to a system with a low-ppm level of iron catalyst and visible light irradiation. The iron catalyzed photoATRP was reported under blue light irradiation with oxygen tolerance using only ppm levels of catalysts (100–400 ppm) in the presence of tetra-butylammonium bromide as the co-catalyst, which enabled the synthesis of well-defined polymers in the presence of air. A water-soluble triphenylphosphine ligand with three p-sulfonate sodium substituents was employed to photomediate an iron-catalyzed ATRP in aqueous media.

III.3 Other transition-metal based systems

Ru. Tris(bipyridine)ruthenium(II) chloride (Ru(bpy)3Cl2, Fig. 14) is one of the often used photoredox catalysts for organic transformations. It was used as a photosensitizer in free radical polymerizations, with trimethylamine as a sacrificial electron donor, already in 1985. Later in 2011, a similar polymerization was conducted in the presence of EBIB using N,N-diisopropylethylamine under visible light irradiation. This system efficiently polymerized various methacrylates, but not in a controlled manner.

Fig. 14 also shows the structure for cis-[Ru(o-C6H4=2-py)(phen)2(MeCN)]PF6 (Ru complex), which could catalyze photoATRP with a different photo-activation mechanism. The Ru complex in methanol was photosensitive and provided a reactive 16-electron Ru intermediate by the dissociation of one acetonitrile ligand under visible light irradiation. The 16-electron Ru intermediate with one vacant site, behaving as an ATRP activator, provided an active radical via an inner sphere electron transfer (ISET) process with an alkyl halide. An ATRP equilibrium was established through this mechanism, which successfully polymerized MMA, BA, and Sty. Both a linear semilogarithmic kinetic plot and a linear relationship between Mn and conversion for each monomer was observed, indicating good control.

Au. A dinuclear gold(i) photoredox catalyst, [Au2(μ-dppm)2]Cl2 (dppm: (diphenylphosphino)methane, Fig. 14), was reported for the photoATRP of methacrylates and acrylates in the presence of EBPA as the conventional ATRP initiator under various irradiation conditions. Upon irradiation, [Au2(μ-dppm)2]Cl2 formed an excited state AuII complex (E0° = −1.6 V vs. SCE) that reduced an alkyl bromide, or a polymer bromine chain end, to provide a carbon-centered radical. The activation rate constant for the reaction between AuII and EBPA was measured by laser flash photolysis (LFP) and a rate constant of 9.2 × 105 M−1 s−1 was determined, very close to the diffusion limit for a bimolecular reaction. The oxidized form of the original catalyst, [Au2(μ-dppm)2]Cl2Br−, was detected using UV-vis spectra. Although the molecular weight distributions were broad, up to D = 1.85, this system was considered a controlled process due to the preparation of polymers with predictable molecular weight and high retention of the bromine chain end. The broad distributions could be attributed to less efficient deactivation with [Au2(μ-dppm)2]Cl2Br−, and to several side reactions that competed with the main deactivation pathway.

Ir. Similar to Ru(bpy)3Cl2, fac-[Ir(ppy)3]2+ (ppy: 2,2′-phenylpyridine, Fig. 14) is another versatile photoredox catalyst that has been used in various organic transformations, and was extended to successfully polymerize MMA in the presence of EBPA as the ATRP initiator, under visible light. This Ir-based photoATRP system featured complete temporal control, indicating that the photoexcited Ir catalyst was the true activator. The ground state of fac-[Ir(ppy)3]2+ is not a strong reductant and is not able to reduce the alkyl halide. Under irradiation, however, an excited state fac-[Ir(ppy)3]2+ is formed that acts as a strong reductant (E0° = −1.73 V vs. SCE) to activate an alkyl bromide (R-Br) or a polymer with a bromine end (Pn-Br) to generate the initiating or propagating radical. The catalytic cycle is closed by the deactivation of the propagating radical by the oxidized IrIV complex, providing the ground-state Ir complex and the polymer with a bromine chain end.

The Ir-catalyzed photoATRP was used to polymerize both methacrylates and acrylates, including ethylene glycol methyl ether methacrylate, 1,1,1-trifluoroethyl methacrylate (TFEMA), propargyl methacrylate, 1,1,1-trifluoroethyl methacrylate (TFEMA), and methyl, ethyl, and t-butyl acrylates. It is worth noting that methacrylic acid (MAA), one of the most difficult monomers to polymerize by ATRP, due to the presence of a carboxylic acid functional group, was successfully polymerized using Ir-based photoATRP. Sufficient control was retained when a MAA-benzyl methacrylate random block copolymer with up to 20% MAA content was polymerized. Acrylic acid (AA) was also copolymerized using the same catalyst in a random copolymerization with ethyl acrylate (EA). The Ir catalysts could be easily separated and recycled when using 1,2-dichlorobenzene and ethanol as the co-solvent. After the reaction was complete, water was added to induce phase separation and leave the Ir catalyst in the 1,2-dichlorobenzene phase for recycling.

A new iridium photoredox complex, Ir(btp)2(tmd) (btp: 2-(2′-benzothienyl)pyridine; tmd: 2,2,6,6-tetramethyl-3,5-heptanediene,
Fig. 14), was synthesized to catalyze a controlled radical polymerization under mild conditions (irradiation λ: 457–532 nm).\(^{214}\) The Ir(btp)\(_2\)(trmd) catalyst complex absorbs more visible light and has longer luminescence lifetimes (4400 ns) compared to the fac-[Ir(ppy)\(_3\)] complex (1300 ns). Good control over the polymerization of MMA was achieved using 0.14 mol% catalyst to the initiator, giving polymers with predictable \(M_n\) and low \(D\) (1.2–1.3).

### III.4 Metal-free systems

After the successful development of photoATRP using transition-metal based catalysts, photoredox catalysts based on small organic molecules were developed to catalyze ATRP under irradiation with an oxidative quenching cycle. The concept of ATRP in the absence of transition metals, called metal-free ATRP (MF-ATRP), organo-catalyzed ATRP (O-ATRP), or photoinduced electron transfer ATRP (PET-ATRP), is highly attractive due to easy purification, reduced toxicity, and no interference of catalyst residues in electronic applications or in side reactions catalyzed by transition metals.\(^{215,216}\) The catalysts have been classified mainly based on the core structure: phenothiazines (PTZ), phenazines, polynuclear aromatic hydrocarbons, and others including phenoxazines. Some catalysts undergoing a reductive quenching cycle were also investigated, such as fluorescein and camphorquinone. The structures of selected catalysts are shown in Fig. 15.

#### III.4.1 Phenothiazine

The first successful metal-free ATRP was achieved when 10-phenylphenothiazine (Ph-PTZ, Fig. 15) was used as a catalyst for the polymerization of MMA, benzyl methacrylate (BnMA), and dimethylamino methacrylate (DMAEMA) using 380 nm irradiation.\(^{217}\) Several control experiments omitting irradiation, initiator, or catalyst resulted in no polymerization, or in an uncontrolled polymerization. The classic behavior for a photoinduced ATRP system, such as temporal control, linear evolution of molecular weight and conversion, and a linear semilogarithmic kinetic plot, could be obtained using Ph-PTZ as the catalyst. In comparison, the polymerization with 10-methylphenothiazine (Me-PTZ) gave partial control probably due to its instability during the reaction. The PTZ-catalyzed photoATRP system was further investigated with various ATRP initiators, irradiation sources, and the reaction between EBPA and Ph-PTZ*. The radical added several monomer units before being deactivated potentially by combination of transition metal in the final product.\(^{225–228}\)

An oxidative quenching cycle mechanism was proposed for PTZ-catalyzed metal-free photoATRP (Scheme 7).\(^{218}\) Upon suitable irradiation, the ground state Ph-PTZ was excited to a singlet state, forming Ph-PTZ* that transferred an electron to an alkyl bromide to form a propagating radical and radical cation Ph-PTZ*+ in a dissociative electron transfer process. A report based on fluorescence and phosphorescence suggested that a triplet excited state in Me-PTZ might undergo electron transfer to an alkyl halide.\(^{229}\) The fluorescence was easily observed at room temperature, while phosphorescence was only detected at 77 K. Nevertheless, activation from a singlet excited state might still dominate the activation process, as suggested by the evidence of PTZ-catalyzed radical dehalogenation.\(^{230,231}\)

This activation pathway was identified as the outer sphere electron transfer (OSET) process by application of modified Marcus theory.\(^{232–235}\) Ph-PTZ* reacted with 1,2-dibromo-4-(iodomethyl)benzene (MBIB) very rapidly (\(k_{\text{OSET}} = 5.8 \times 10^8 \text{ M}^{-1} \text{s}^{-1}\)). Furthermore, LFP was used to determine the rate constant, \(5.7 \times 10^9 \text{ M}^{-1} \text{s}^{-1}\), for the reaction between EBPA and Ph-PTZ*. The radical added several monomer units before being deactivated potentially by combination of Ph-PTZ*+ and Br in a termolecular associative electron transfer process. The bromide anion interacted strongly with Ph-PTZ*+ and such a complex could also react with propagating radicals in a bimolecular deactivation process resembling Cu-based ATRP. Thus, the catalytic cycle was closed by the deactivation process that regenerated the ground state catalyst as well as the polymer with a bromine chain end. The system did not have the same level of control as the Cu-based ATRP, attributed to a slower deactivation process, as well as to the presence of some side reactions.

#### III.4.2 Dihydrophenazine

A visible light mediated metal-free ATRP was developed using 5,10-diaryl-5,10-dihydrophenazine (DHP) derivatives.\(^{236}\) In initial studies, DHPs with electron donating (–OMe), neutral (–H), and electron withdrawing (–CF\(_3\) and –CN) moieties on the \(N\)-phenyl substituents were synthesized. All four phenazine compounds have sufficiently strong triplet excited-state reduction potentials to reduce the ATRP initiator or polymeric allyl halides to initiate the polymerization or reform the propagating radical, respectively. The stable radical cations formed during the photoinduced electron transfer have high enough oxidation potentials to deactivate the propagating radicals. A polymerization initiated with EBPA and CF\(_3\)-Ph-DHP as the catalyst in DMA provided PMMA with the lowest dispersity (\(M_w/M_n = 1.17\)) and the highest initiation efficiency (66%) among these four catalysts.
A detailed comparison and theoretical investigation among these catalysts led to the design of two more efficient catalysts, 2-Nap-DHP and 1-Nap-DHP, which resulted in more efficient control. The polymerizations of BA and AN were more challenging, resulting in the formation of polymers with higher dispersities of 1.42 and 1.70, respectively. The attempted polymerization of Sty and vinyl acetate, however, gave no monomer conversion.

The dihydrophenazine-catalyzed metal-free ATRP was proposed to undergo an oxidative quenching cycle, similar to the PTZ-catalyzed system. However, the excited state of DHP is a triplet, which possessed a significantly longer lifetime than a singlet excited state. Consequently, a longer lifetime of the excited state would result in more efficient activation as well as deactivation. Essentially, a larger portion of the catalyst participated in the activation/deactivation cycles as a consequence of the longer excited state lifetimes. Further studies pointed out that photoexcited intramolecular charge transfer in \(N,N\)-diaryldihydrophenazine played an important role in minimizing fluorescence and enhancing the electron transfer between the triplet state and the substrates.\(^{237}\)

Photoexcited intramolecular charge transfer was studied by measuring the emission spectra of catalysts in various solvents with different polarities. Two different excited states were observed: one showing charge transfer character, where the excited state electron was intramolecularly transferred from the phenazine core to the \(\pi^*\) orbital of the \(N\)-aryl substituent; and the second type of excited state instead entirely localized on the...
core of the photocatalyst. The dihydrophenazine compounds with charge-transfer character, possessing naphthalene substituents, showed large Stokes shifts and red-shifted emission in more polar solvents. In contrast, the compounds that gave local excitation, such as Ph-DHP and MeOPh-DHP, had similar emission spectra in different solvents (Fig. 17). This phenomenon was further studied using computational calculations and experiments. Nevertheless, a different activation mechanism was suggested based on investigation using transient vibrational and electronic absorption spectroscopy with sub-picosecond time resolution: electron transfer from the short-lived singlet excited state gave better control by suppressing the formation of excess radicals.

III.4.3 Polynuclear aromatic hydrocarbons. In an even earlier report, perylene was investigated as an organic photoredox catalyst for the polymerization of MMA and other vinyl monomers (Fig. 15); however, the results were not satisfactory. In the presence of a conventional ATRP initiator, such as EBPA, in various solvents the polymerization with 0.11 equiv. of perylene to initiator provided only 2% to 40% initiation efficiency, and the molecular weight decreased with conversion, indicating an uncontrolled radical polymerization. On the other hand, a linear semilogarithmic kinetic plot and temporal control were observed. Limited bromine chain end functionality was determined by chain-extension and MALDI-TOF. These results suggested that perylene acted as an efficient activator to generate a free radical to induce radical polymerization, but it could not generate a sufficiently stable deactivator to efficiently deactivate the radical and achieve a controlled process. This system was also used to synthesize hyperbranched polymers.

A similar polymerization with anthracene was not very successful, giving polymers with a bimodal MW distribution in

Fig. 16 UV-vis spectra of the Ph-benzoPTZ and Ph-PTZ photocatalysts in dimethylacetamide (DMA) [concentration: $3.07 \times 10^{-4}$ M]. Reproduced from ref. 219, copyright 2017 with permission from Wiley.

Scheme 7 Proposed mechanism of PTZ-catalyzed photoinduced metal-free ATRP.

Fig. 17 Diaryldihydrophenazines with local excitation (A) or charge transfer (B and C). The solutions of diaryldihydrophenazines under 365 nm irradiation (D–F) and their emission spectra (G–I) in various solvents. Reproduced from ref. 237, copyright 2017 with permission from the American Chemical Society.
low yields due to the [4+4] cycloaddition side reaction between excited anthracene and its own ground state.\textsuperscript{242} Pyrene was more robust as it formed an exciplex with the excited form of pyrene rather than a [4+4] cycloadduct. Excited pyrene as well as the exciplex activated alkyl halides to alkyl radicals.

**III.4.4 Other photoredox catalysts.** \textit{N}-Arylphenoxazines (POZ, Fig. 15) have been synthesized and reported as metal-free photoredox catalysts in ATRP.\textsuperscript{243–245} Replacing the sulfur in the phenothiazine core with oxygen, as in phenoxazine, resulted in a conformational change of the heterocyclic rings (Fig. 18). The phenothiazine core had bent conformations in both ground and excited states, but a planar geometry in the radical cation state; conversely, the phenoxazine catalyst maintained a planar conformation during the catalytic cycle, which provided a lower reorganization energy compared to the phenothiazine system. The initially developed 10-phenylphenoxazine was further functionalized to improve its photoredox properties: addition of 4-biphenyl core substituents and \textit{N}-aryl functionalization with naphthalene induced a red shift into the visible spectrum and also enhanced the molar extinction coefficient.

Highly conjugated electron-rich thienothiophene derivatives were used in metal-free ATRP.\textsuperscript{246} Other highly conjugated structures were also employed: the polymerization of MMA with metal-free ATRP using a ppm amount of catalyst 1,2,3,5-tetrakis(carbazol-9-yl)-4,6-dicyanobenzene (4CzIPN, structure in Fig. 15) was controlled, providing polymers with 95% initiation efficiency and 90% conversion in 3 h in the presence of 15 ppm of catalyst.\textsuperscript{247}

All investigated POZ, PTZ, and DHP-catalyzed systems were involved in an oxidative quenching cycle that did not require a sacrificial electron donor, while fluorescein was reported as a metal-free catalyst for the photoATRP of MMA in the presence of trimethylamine as a sacrificial electron donor.\textsuperscript{248} Excited fluorescein activated an alkyl bromide and generated a propagating radical in a reductive quenching cycle (Fig. 19). After photoexcitation an excited fluorescein was formed and then quenched by excess trimethylamine acting as the electron donor, providing the fluorescein radical anion and an amine radical cation. The fluorescein radical anion had a sufficiently negative reduction potential to reduce the alkyl bromide, generating the propagating radicals. On the other hand, the trialkylamine radical cation oxidized the bromide anion to a bromine radical. The bromine radical could react with the propagating radical in the deactivation process, or with itself to generate a bromine molecule that deactivated the carbon radical. The deactivation process also competed with side reactions such as bromine radical initiated polymerization, leading to an inefficient deactivation process resulting in the formation of polymers with much higher molecular weights and broad distributions. The fluorescein-catalyzed photoATRP was a less controlled process compared to metal-free ATRP.

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**Fig. 18** Geometric reorganization energies and reduction potentials (vs. SCE) for 10-phenylphenoxazine, diphenyl dihydrophenazine, and 10-phenylphenothiazine (bottom) transitioning from the $3\text{PC}^*$ to $1\text{PC}$ species involved in the proposed mechanism for photoredox metal-free ATRP. Reproduced from ref. 243, copyright 2016 with permission from the American Chemical Society.
catalyzed by PTZ or DHP, due to limitations in initiation and deactivation. Other photoredox catalysts in the reductive quenching mechanism were also investigated, including Eosin Y,249 Erythrosin B,250,251 camphorquinone, and thioxanthone.252

III.5 Applications

Multiblock copolymers. Cu-Based photoATRP is a versatile RDRP method with a high polymerization rate and high retention of chain-end functionality that can be carried out under mild conditions, which allows synthesizing sequence-controlled multiblock copolymers. For example, a decablock copolymer with a molecular weight of 8500 and low dispersity (1.16) was prepared using CuBr₂/Me₆TREN-mediated photoATRP.171 The preparation of multiblock polyacrylates with segments targeting different degrees of polymerization (DP = 3, 10, 25, and 100) was also investigated.165 Targeting higher DP per block resulted in a decrease in the polymerization rate as well as a loss of chain-end functionality. Additionally, a fresh solution of CuBr₂/Me₆TREN in DMSO was added with each monomer addition to maintain control over the polymerization and the reaction rates. Subsequently, α,ω-telechelic multiblock copolymers were prepared using bifunctional initiators under Cu-based photoATRP conditions.159

Sequence-defined polymerization. Cu-Based photoATRP was also extended to sequence-defined polymerizations via single unit monomer insertions (SUMI).253,254 A series of monodisperse sequence-defined acrylate oligomers of up to 5 monomer units was synthesized. To avoid radical–radical termination, monomer conversion was carefully followed by online Fourier transform infrared (FTIR) spectroscopy. After monomer conversion had reached 80–90%, the reaction mixtures were purified by flash chromatography to provide the desired SUMI oligomers.

Flow chemistry. According to the Beer–Lambert law, one of the limitations of photoreactions is low illumination efficiency in the reaction mixture. This problem was resolved using continuous flow reactors which have significant advantages such as scalability and more efficient heat release.255,256 The photoATRP of MA and BA was reported with CuBr₂/Me₆TREN in DMSO in a continuous flow reactor.173 The polymerization maintained good control with a polymerization rate 4 times faster than the rate observed in a small scale batch reaction, because of the very efficient illumination. Excellent chain-end group fidelity was determined by both ESI-MS and chain extension. MMA was also polymerized in a flow reactor under Cu-mediated photoATRP conditions with PMDETA as a ligand, resulting in a polymerization rate that was 7 times faster than that in a batch operation. PhotoATRP based on Ir and metal-free systems were also developed under continuous flow, which showed similar process advantages.257,258

Surface-initiated (SI)-ATRP. Photoreactions are excellent tools for the modification of surfaces because of their ability to provide spatial and temporal control. Spatial control in photoATRP could be used to directly make specific patterns by forming polymer brushes on selected areas of the surface. Retention of high chain-end fidelity could also be used to grow block copolymers on surfaces by photoATRP. The first copper-mediated surface-initiated photoATRP used CuCl₂/bpy as a catalyst and TiO₂ as a photosensitizer.143 Cu-based photoATRP without any photosensitizer was also applied to the SI-ATRP of MMA from silicon wafers.158 This method was also used to graft acrylates from cellulose162 and silicon substrates.259 A CuBr₂/Me₆TREN-catalyzed photoATRP in DMSO was used to graft (meth)acrylates under UV light (360 nm, 36 W) with air cooling.259,260 The film thickness was proportional to the irradiation time. This system used only a ppm level of catalyst, even as low as 100 parts per billion (ppb) concentration of copper catalyst. At such a low concentration of catalyst, deactivation is typically slow so that an uncontrolled free radical polymerization could be involved.

In addition to the Cu-based photoATRP, Fe photoATRP systems193 were also reported to be successful for surface initiated polymerizations. Pentfluoropropyl acrylate was grafted from surfaces using iron-based photoATRP.193 Spatially resolved patterns were formed using photomasks, and preparation of a film of block...
A commercial DNA synthesizer was reconfigured to carry out copper-catalyzed photoATRP in an automated fashion, a procedure termed autoATRP. Well-defined homopolymers, diblock copolymers, and DNA–polymer hybrids were prepared. PhotoATRP with excess ligands does not require any additional photoinitiator or photosensitizer, and provides a clean polymerization with oxygen tolerance under mild reaction conditions. The procedure was especially suitable for the preparation of a range of different bioconjugates.

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initiator monomer (inimer) during the RAFT polymerization allowed successive orthogonal modifications (Fig. 21). The resulting STEM gels were infiltrated with a second monomer, which was grafted from the inimer sites by photoATRP. Depending on the choice of this second monomer for the side chains, several different properties were varied: hydrophobic STEM gels were converted to hydrophilic gels and temperature and pH response were introduced. In addition, using a photo-mask, the pristine parent networks were spatially differentiated into single-piece amphiphilic and hard/soft materials without the need for a gluing agent. For example, a soft poly(2-(2-methoxyethoxy)ethyl methacrylate) STEM gel was modified with PMMA side chains to create hard/soft regions. After the introduction of side chains, the Young’s modulus ($E$) increased by an order of magnitude.

The photocatalyst 10-phenylenothiazoline was covalently attached to a thermal responsive gel by modification of the side rings of the organic catalyst (Gel-PTZ). This embedded catalytic system provided polymerization control from within the network by application of multiple external stimuli such as light and heat, with the ability to start and stop the polymerization with an “AND” logic (Fig. 22). The catalyst activity could be tuned by both switching the light “ON”/”OFF” and by changing the temperature to “HIGH”/”LOW” values, which caused the collapse or expansion of the polymer network.

**IV. MechanoATRP**

Ultrasound is the latest developed method to introduce electrons and regenerate the activator complex in an ATRP system. Inspired by ultrasound-induced redox reactions at the interface of a piezoelectric material occurring in water splitting and charge separation in electrochemical cells, a mechanically controlled ATRP (mechanoATRP) was conducted with ultrasound in the presence of piezoelectric BaTiO$_3$ nanoparticles. This process is different from the conventional ultrasound-mediated radical polymerizations that utilized the force-induced cleavage of labile bonds as this method is based on piezochemically initiated controlled radical polymerization that converted mechanical energy into electrons at the interface of the piezoelectric material via charge separation.

Similar to other stimuli-mediated electron transfer procedures, such as photoinduced electron transfer (PET), mechanoATRP involves a mechano-induced electron transfer (MET) process which transduces a mechanical stimulus to an electrical signal. BaTiO$_3$ and ZnO nanoparticles were used as transducers, while Cu(n) complexes were used as catalysts in mechanoATRP. Under ultrasonic agitation as a mechanical stimulus, electron transfer from piezoelectric particles to the Cu(n) precursor generated Cu(0)-based species to activate the alkyl halide. Continuous growth of the polymer chain was achieved by continuous application of ultrasound. The mechanical force was used to control the length of a growing polymer chain.

Several factors regulated the mechanoATRP process. The first one was the dielectric constants ($\varepsilon$) of the transducers. A larger dielectric constant provided more efficient electron transfer to the Cu catalysts. The second factor was the crystal structure and particle size of the transducers. For example, tetragonal BaTiO$_3$ crystals are highly distorted and showed a stronger piezoelectric effect than cubic phase BaTiO$_3$ nanoparticles (NPs). The smaller NPs gave a higher mechanoelectric conversion because of a larger surface/interface effect and higher specific area. The third factor was the loading of transducer particles. Higher loading resulted in a faster polymerization rate, which indicated a higher concentration of radicals. The fourth factor was the addition of a surface modifier. In order to increase the electron transfer efficiency between transducers and electron acceptors in this heterogeneous system, a series of solubilizers and surface modifiers were used to stabilize the transducer nanoparticles and keep them uniformly dispersed.

Despite BaTiO$_3$ having a much larger piezoelectric coefficient than ZnO, the latter was a more efficient reducing agent under ultrasonication due to the smaller size of the ZnO particles and due to a strong interaction with Cu(n) complexes that enhanced the local catalyst concentration on the particle surface.

The mechanical forces (i.e. ultrasound) used in mechanoATRP had deeper penetration into the reaction medium than light, which had limited access into the bulk of monomer and solvents in a stirred flask. Moreover, mechanoATRP systems were not affected by light-scattering in gels or heterogeneous systems.
MechanoATRP was also used as a switchable controlled radical polymerization technique, in which the electron transfer process was mediated through the application or removal of the external stimulus. This strategy enabled mechanoATRP with spatial and temporal control over reaction kinetics, composition, architecture, and functionality by stopping and restarting the driving force. Monomer conversion was negligible in the absence of sonication, while the polymer chain length continuously grew after re-exposure to the mechanical force (Fig. 23). Additionally, polymers prepared by mechanoATRP retained all properties of materials made by conventional ATRP, such as low dispersity, precisely controlled molecular weights, and high retention of chain-end functionality.

Several activation pathways for ZnO-catalyzed mechanoATRP were considered and are summarized in Scheme 8. The predominant role of ZnO was to provide electrons to reduce Cu(II) under sonication. A second possibility was the formation of radicals from monomer/solvent by cavitation, but this was a slow process. The direct reduction of alkyl halides by ZnO and the homolytic cleavage of the TPMA/Cu(II)–halogen bond under sonication were both excluded as potential activation procedures by experimental evidence.

An ultrasonication-induced ATRP (sonoATRP) in aqueous media was recently developed to polymerize OEOMA and 2-hydroxyethyl acrylate (HEA) using a ppm level of copper as a catalyst and TPMA as a ligand in the absence of any piezoelectric materials (Scheme 9). SonoATRP proceeded with a different mechanism from that of mechanoATRP, and did not require the presence of piezoelectric materials. An ultrasonic wave propagated through water and generated hydroxyl radicals via acoustic cavitation, which initiated the polymerization of vinyl monomers, thereby forming carbon radicals. A similar

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**Scheme 8**  Proposed mechanism of mechanoATRP and pathways of activator (re)generation. Reproduced from ref. 54, copyright 2017 with permission from the American Chemical Society.

**Scheme 9**  The reaction scheme for the aqueous sono-ATRP of OEOMA500.
V. Chemical control

V.1 ARGET ATRP

In addition to physical stimuli, chemical stimuli could also modulate an ATRP process in the presence of a very low concentration of catalyst. Various chemical reducing reagents can continuously regenerate activators from deactivators through electron transfer. Thus, activators regenerated by electron transfer (ARGET) ATRP was applied to significantly decrease the catalyst concentration to 10–100 ppm, without losing control of the polymerization. Moreover, the presence of excess reducing reagent not only regenerated activators, but also provided tolerance to oxygen and other radical inhibitors, making the polymerization simpler to operate. Various organic chemical reducing agents have been reported to successfully regulate the polymerization process, such as ascorbic acid, sugars, derivatives of hydrazine, and phenol, as well as inorganic chemicals including tin(II) complexes and metals. In addition, some monomers or nitrogen-based ligands also acted as reducing agents.

Recently, liquid solids and water were used to synthesize bio-relevant polymers. The ARGET ATRP of OEOMA was successfully implemented by slow addition of ascorbic acid, similar to current in eATRP or light in photoATRP. The polymerization was stopped and (re)started by alternating the feeding of ascorbic acid, similar to current in eATRP or light in photoATRP. The benefits of this robust polymerization technique made significant contributions to synthesize various complex and precisely controlled polymeric architectures, such as blocks, and bottlebrush copolymers, as well as surface modified composites and protein–polymer bio-conjugates with low concentrations of catalyst.

V.2 SARA ATRP

In addition to the chemical reducing agents employed in ARGET ATRP, zerovalent metals can be used as reducing agents for the reduction of stable high-oxidation-state deactivators. Zerovalent metals also directly activate the dormant chain end, acting as supplemental activators. Originally, the addition of copper powder to either Cu(i) or Cu(II) complexes in an ATRP could significantly increase the rate of the polymerization of styrene and (meth)acrylates. It was demonstrated that the normal ATRP process could be triggered with different forms (powders, wires, turnings, meshes, etc.) of Cu(0) or Fe(0) in the presence of a limited amount of air. The addition of zerovalent metals not only reduced the deactivators (higher oxidation state species) formed due to the persistent radical effect, but also directly activated the chain-ends of alkyl halides. However, the main activation process (>99%) relies on Cu(i) activators. Hence, this technique was named supplemental activator and reducing agent (SARA) ATRP.

Cu(0) is typically used in SARA ATRP. Cu(0) comproportionates with the Cu(II) deactivators, which increases the concentration of the Cu(i) activators. The Cu(i) complexes are highly reactive and rapidly react with alkyl halides, while their disproportionation to Cu(0) and Cu(II) is suppressed, as confirmed by several experimental results and kinetic simulations. Supplemental activators with low toxicity include zerovalent metals such as Fe(0), Mn(0), Zn(0), and Ag(0), as well as inorganic sulfites such as sodium dithionite (Na2S2O4), sodium metabisulfite (Na2S2O5), and sodium bisulfite (NaHSO3). Moreover, the versatile SARA ATRP procedure was also implemented in environmentally friendly solvents, such as water and ionic liquids, showing a much increased polymerization rate due to the increased K_ATRP and increased solubility of dithionite salts.

Fig. 24 Effects of the feeding of ascorbic acid in the ARGET ATRP of OEOMA in water. (A) Kinetics and (B) molecular weight and dispersity of polymers. Reaction conditions: [OEOMA]/[RX]/[CuBr2]/[TPMA] = 500/1/0.15/1.2, [OEOMA] = 0.5 M. Reproduced from ref. 288, copyright 2012 with permission from the American Chemical Society.
SARA agents in a solid form, such as metals, could be removed from the system by lifting them out from the reaction mixture, even with an external magnetic field, and could be reused several times. For example, a single piece of silver wire was used five times in the polymerization of BA without any treatments prior to reuse. The rate of polymerization did not significantly change after each cycle, and a high degree of control was achieved in all polymerizations (Fig. 25).

This method is useful for post-modification procedures and for the synthesis of multiblock copolymers, also in bio-compatible environments, for example, molecular bottlebrush polymers were prepared by SARA ATRP in the presence of 2.5 cm Cu wire and 50 ppm of Cu-based catalyst at 30 °C.

SARA surface-initiated ATRP. SARA-ATRP was also employed for surface initiated polymerization. Three cationic coatings including (3-acrylamidopropyl)trimethylammonium chloride (AMPTMA), quaternized poly(ethyleneimine)methacrylate (Q-PEI-MA) and poly(ethylene glycol)dimethacrylate (PEGDMA) were successfully coated on a compatible catheter surface via SARA SI-ATRP, which presented good bactericidal killing results in vivo.

Surface-initiated ATRP catalyzed by Cu0 plates was recently reported as a fast and versatile tool for fabricating structured polymer brushes on flat surfaces. In a typical setup, a Cu plate is positioned at a distance of ~0.5 mm from a surface functionalized with an ATRP initiator. In the presence of ligands, copper species cleaved from the Cu0 surface could activate the neighboring initiator surface and very quickly trigger the formation of a uniform layer of polymer brushes. The procedure was compatible with large substrates. Moreover, the accessibility of the reaction setup enabled the synthesis of polymer brush gradients simply by tilting the Cu plate above the initiating surface, thus locally altering the concentration of the catalyst that reached the surface-immobilized initiators/dormant species. It is important to note that in these experiments the Cu0 surface acted only as a source of Cu(I) catalyst, and not as a supplemental activator, due to the physical separation between the Cu0 plate and the initiator-functionalized surface.

Temporal control in ATRP using zerovalent metals. Recently, temporal control in ATRP was extended to SARA ATRP in the presence of zerovalent metals such as Cu0 or Ag0 with a simple but effective experimental procedure. The metal wire was inserted into the reaction medium to start the reaction, and lifted out of the solution to switch the reaction off. Inserting a wire into the solution triggered the polymerization by (re)generation of Cu(I)/L activator species, whereas lifting the wire out of the solution stopped the regeneration of the activators. While the wire was lifted out of the solution, the residual Cu(I) catalyst was consumed by the termination of radicals, stopping the reaction. However, the efficiency of this procedure depends on the concentration of Cu and ligand species, and also on the ATRP equilibrium constant (i.e. fraction of Cu(i) among all soluble Cu species). For example,
using the most active ligands such as Me₆TREN or TPMA*3 the reaction proceeded smoothly in the presence of Cu(0) wire, and it essentially stopped after lifting the wire out from the reaction mixture (Fig. 26A). The large $K_{\text{ATRP}}$ values associated with these ligands shift the equilibrium towards Cu(i) species (i.e., less Cu(0)), and hence the reaction stops more quickly. With less active complexes (TPMA, PMDETA) this effect is less pronounced due to a lower equilibrium constant and more Cu(i)/L available even without Cu(0) wire.

In SARA ATRP with Cu wire, with enough ligand, the total concentration of soluble Cu increases continuously throughout the reaction, as a result of supplemental activation and activator regeneration via comproportionation. However, in SARA ATRP with Ag wire, a constant concentration of Cu is maintained (Fig. 26B), since supplemental activation is negligible and only reduction of deactivators occurs. Interestingly, the reaction was slower with the most active complex (Cu/TPMA*3 compared to Cu/Me₆TREN) due to the slower reduction of the most active species that has a more negative redox potential.

VI. Thermal control

VI.1 ICAR ATRP

Perhaps the simplest and most widely used and external modulation is through thermal control, which allows “on” and “off” switching using instrumentation available in every laboratory. Different from the ARGET ATRP technique that requires chemical reducing agents to continuously regenerate activators in situ, an ICAR ATRP utilizes conventional radical initiators to slowly generate radicals and thus diminish the accumulation of deactivators in the system. Initially, it was determined that the self-initiation process in the polymerization of Sty generated radicals that reduced the concentration of the accumulated deactivator. It was then proposed that the addition of a small amount of a radical initiator to other monomers could also initiate the polymerization and yield well-defined polymers.

Unlike the reverse ATRP and simultaneous reverse and normal initiation (SR&NI) ATRP that utilized large amounts of radical initiators and high temperature to rapidly decompose the initiator, ICAR ATRP relied on a constant slow release of radicals at lower temperature to maintain the rate of polymerization. In reverse and SR&NI ATRP, a high concentration of radicals led to bimolecular termination and initiation of new polymer chains; conversely, the slow generation of radicals in ICAR ATRP continuously reduced the deactivators to activators and afforded polymerization with better control on molecular weight and low dispersity. AIBN with a 10 h half lifetime at 65 °C and water-soluble 2,2’-azobis[2-(2-imidazolin-2-yl)propane]-dihydrochloride (VA-044) with a 10 h half lifetime at 44 °C were commonly used as the thermal initiators. ICAR ATRP was usually conducted with Cu³⁺, Cu²⁺, or Fe-based catalysts in a range of solvents, including ionic liquids, poly(ethylene glycol) and water.

ICAR ATRP maintained the advantages of ARGET ATRP with low concentrations of catalyst, tolerance to a limited amount of air, and high end-group retention. It was used to synthesize various advanced materials such as soft nanomaterials, nanotubes, hybrid inorganic/organic materials, biofluorescent imaging agents, and polymer–protein bioconjugates. Well-defined mesoporous carbon/poly(glycidyl methacrylate) (PGMA) composites were prepared by the surface-initiated ICAR ATRP of glycidyl methacrylate (GMA) monomers within the mesoporous carbon framework, which preserved high chain-end functionality for further modification. A similar study was conducted on the surface of ordered mesoporous silica (OMS) by in situ growth of functional PGMA brushes on the OMS surface, which was post-modified for lithium isotope separation. Additionally, ICAR ATRP could be implemented in aqueous systems to polymerize hydrophilic EOEA₄₈₀ that could be directly used to prepare bioconjugates by growing the macromolecules on a bovine serum albumin (BSA) protein modified with initiators.

VI.2 “Breathing” ATRP

Glucose oxidase (GOx) was previously used to scavenge oxygen in the presence of glucose during free radical and RAFT polymerizations. The same enzyme-assisted deoxygenating strategy was applied to aqueous ICAR ATRP using VA-044 as a radical initiator in the open air. The polymerization of OEOMA₅₀₀ with HEBiB as the ATRP initiator was conducted in phosphate buffer saline (PBS) at 45 °C, yielding polymers with low dispersity but MW four times lower than the theoretical values. This discrepancy suggested that hydrogen peroxide, formed by the reaction between glucose, GOx, and oxygen, continuously generated new chains through a Fenton-like reaction with Cu(i) to yield initiating hydroxyl radicals, which strongly diminished the possibility of controlling MW. Therefore, sodium pyruvate was added to the reaction mixture to eliminate this reactive oxygen species. Sodium pyruvate consumed the hydrogen peroxide forming carbon dioxide, acetate ions, and water, which allowed the polymerization in the open air without the formation of new chains. These conditions yielded polymers with predictable MW and low dispersity at almost complete conversion in less than 2 hours. The temporal on/off control was investigated using thermoregulation between heating to 45 °C and cooling to 0 °C (Fig. 27). At 45 °C, VA-044 decomposed to radicals initiating the

![Fig. 27](image-url)
polymerization, while at 0 °C the decomposition was stopped to quench the polymerization. Using this thermoregulation strategy, temporal control of breathing ATRP was achieved.

VI.3 Ultimate ATRP\textsuperscript{SM}

A process called Ultimate ATRP\textsuperscript{SM} was developed to scale-up the ATRP process.\textsuperscript{345} This method precisely controls the activator/deactivator ratio during ATRP by feeding radical initiators at a controlled rate at a temperature high enough to provide a very short half-lifetime (a few minutes) for the added initiator. In classic ICAR ATRP, the entire amount of radical initiator was initially added, and during the reaction the amount of decomposed radical initiator gradually decreased (Fig. 28). However, in the Ultimate ATRP\textsuperscript{SM} process, a low concentration of radical initiator was kept at a constant level during the feeding time.

The polymerization of Sty via the Ultimate ATRP\textsuperscript{SM} process was conducted using 50 ppm of CuBr\textsubscript{2} and a small excess of TPMA ligands. A toluene solution of AIBN was fed at the constant rate of 0.008 equiv. (ratio to ATRP initiator) per hour. The reaction was efficiently stopped after 9 h by interrupting feeding and heating (Fig. 29). Polymerization was restarted at 110 °C using the same feed rate of the AIBN solution. The temperature profile indicated good heat transfer. This technique featured temporal control that was especially useful for industrial scale applications such as checking product quality and controlling exothermic reactions.

VII. Summary and outlook

External control in ATRP provides pre-designed polymeric materials under spatiotemporal control while employing very low concentrations of catalyst. To date, electrochemical and photochemical mediated processes have been the most widely studied for external regulation. The next generation of photoATRP should target softer irradiation sources (such as those with low light intensity and red/near-infrared light wavelengths).\textsuperscript{346} This could potentially provide the possibility of polymerization in various medical applications (plausibly \textit{in vivo}). Moreover, smart catalysts with more than one active catalytic center could be designed to give selective reactivity under different light irradiation or applied electrochemical potential conditions.\textsuperscript{347,348} PhotoATRP also provides the possibility of 3D printing with high resolution. Other stimuli such as chemical and thermal control are intrinsic parts of ARGET and ICAR ATRP; however, spatiotemporal control in these systems has not yet been tested. Spatial control in mechanoATRP should also be explored. Surface-initiated ATRP in the presence of Cu\textsuperscript{0} should be exploited as a facile platform to grow structured polymer surfaces.

All of the switchable ATRP systems have been examined for the straightforward turning on or off the polymerization. However, a more sophisticated modulation of catalyst reactivity \textit{in situ} is still underdeveloped, such as the selective polymerization of specific monomers. Future efforts should be directed toward achieving intelligent control with multiple stimuli, potentially with stimuli that can complement or negate/block each other. The concept of logical gates, widely adopted in electronics, could be subsequently developed to achieve “AND” conjunction and “OR” disjunction, among others. Perhaps the simplest example for an “OR” logical gate is using AIBN in the PhICAR process, in which either photochemical or thermal conditions would induce polymerization.
Combining different types of stimuli will provide a synergistic advanced system that resembles self-regulatory and biological processes. Externally controlled ATRP represents a useful alternative to conventional ATRP and is expected to achieve more challenging targets that are currently impossible to accomplish.

**Abbreviations**

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Full Form</th>
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<tbody>
<tr>
<td>4CzIPN</td>
<td>1,2,3,5-Tetrakis(carbazol-9-yl)-4,6-dicyanobenzene</td>
</tr>
<tr>
<td>AA</td>
<td>Acrylic acid</td>
</tr>
<tr>
<td>AIBN</td>
<td>2,3'-Azobis(2-methylpropionitrile)</td>
</tr>
<tr>
<td>AMPTMA</td>
<td>(3-Acrylamidopropyl)trimethylammonium chloride</td>
</tr>
<tr>
<td>AN</td>
<td>Acrylonitrile</td>
</tr>
<tr>
<td>ARGET</td>
<td>Activator regeneration by electron transfer</td>
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<tr>
<td>ATRP</td>
<td>Atom transfer radical polymerization</td>
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<tr>
<td>BA</td>
<td>Butyl acrylate</td>
</tr>
<tr>
<td>BMA</td>
<td>Butyl methacrylate</td>
</tr>
<tr>
<td>bmim</td>
<td>1-Butyl-3-methyl-imidazolium</td>
</tr>
<tr>
<td>BnMA</td>
<td>Benzyl methacrylate</td>
</tr>
<tr>
<td>BPE</td>
<td>Bipolar electrode</td>
</tr>
<tr>
<td>BPMEA</td>
<td>N,N'-Bis[2-pyridyldimethyl]-2-hydroxyethylamine</td>
</tr>
<tr>
<td>BPMODA*</td>
<td>Bis[2-[4-methoxy-3,5-dimethyl]-pyridylmethyl]octadecylamine</td>
</tr>
<tr>
<td>BPN</td>
<td>2-Bromopropionitrile</td>
</tr>
<tr>
<td>BPO</td>
<td>Benzoyl peroxide</td>
</tr>
<tr>
<td>bpy</td>
<td>Bipyridyl</td>
</tr>
<tr>
<td>BrPhN₂</td>
<td>4-Bromobenzenediazonium</td>
</tr>
<tr>
<td>BSA</td>
<td>Bovine serum albumin</td>
</tr>
<tr>
<td>btp</td>
<td>2-(2'-Benzothienyl)pyridine</td>
</tr>
<tr>
<td>eHE</td>
<td>Catalytic halogen exchange</td>
</tr>
<tr>
<td>CPAD</td>
<td>4-Cyano-4-(phenylcarbonothioylthio)pentanoic acid</td>
</tr>
<tr>
<td>CRP</td>
<td>Controlled radical polymerization</td>
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<tr>
<td>CTAs</td>
<td>Chain transfer agents</td>
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<tr>
<td>CV</td>
<td>Cyclic voltammetry</td>
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<td>DHP</td>
<td>Dihydrophenazine</td>
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<tr>
<td>DMA</td>
<td>Dimethylacetamide</td>
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<td>DMAEMA</td>
<td>Dimethyl amine methacrylate</td>
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<td>DMF</td>
<td>Dimethylformamide</td>
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<tr>
<td>DMSO</td>
<td>Dimethyl sulfoxide</td>
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<tr>
<td>dppm</td>
<td>Bis(diphenylphosphino)methane</td>
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<tr>
<td>DP</td>
<td>Degrees of polymerization</td>
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<tr>
<td>DT</td>
<td>Degenerative transfer</td>
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<td>EA</td>
<td>Ethyl acrylate</td>
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<tr>
<td>EBiB</td>
<td>Ethyl α-bromoisobutyrate</td>
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<tr>
<td>EBPA</td>
<td>Ethyl α-bromophenylacetate</td>
</tr>
<tr>
<td>ECIPA</td>
<td>Ethyl α-chlorophenylacetate</td>
</tr>
<tr>
<td>ESI-MS</td>
<td>Electrospray-ionization mass spectrometry</td>
</tr>
<tr>
<td>Et₄NCl</td>
<td>Tetraethylammonium chloride</td>
</tr>
<tr>
<td>FTIR</td>
<td>Fourier transform infrared</td>
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<tr>
<td>GMA</td>
<td>Glycidyl methacrylate</td>
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<tr>
<td>GOx</td>
<td>Glucose oxidase</td>
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<td>HE</td>
<td>Halogen exchange</td>
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<td>HEA</td>
<td>Hydroxyethyl acrylate</td>
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<tr>
<td>HMTETA</td>
<td>N,N,N',N',N'',N'''-Hexamethyltriethylenetetramine</td>
</tr>
<tr>
<td>ICAR</td>
<td>Initiators for continuous activator regeneration</td>
</tr>
<tr>
<td>ISET</td>
<td>Inner sphere electron transfer</td>
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<tr>
<td>LED</td>
<td>Light-emitting diode</td>
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<tr>
<td>LFP</td>
<td>Laser flash photolysis</td>
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<tr>
<td>MAA</td>
<td>Methacrylic acid</td>
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<tr>
<td>MALDI-TOF</td>
<td>Matrix-assisted laser desorption/ionization time of flight</td>
</tr>
<tr>
<td>MBIB</td>
<td>Methyl 2-bromoisobutyrte</td>
</tr>
<tr>
<td>Me₆TREN</td>
<td>Tris[2-(dimethylamino)ethyl]amine</td>
</tr>
<tr>
<td>MeCN</td>
<td>Acetonitrile</td>
</tr>
<tr>
<td>Me-PTZ</td>
<td>10-Methylphenothiazine</td>
</tr>
<tr>
<td>MET</td>
<td>Mechano-induced electron transfer</td>
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<tr>
<td>MF-ATRP</td>
<td>Metal-free ATRP</td>
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<tr>
<td>MMA</td>
<td>Methyl methacrylate</td>
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<td>MOF</td>
<td>Metal organic framework</td>
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<tr>
<td>NIR</td>
<td>Near infrared</td>
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<tr>
<td>O-ATRP</td>
<td>Organocatalyzed ATRP</td>
</tr>
<tr>
<td>OEGA</td>
<td>Oligo(ethylene glycol) methyl ether acrylate</td>
</tr>
<tr>
<td>OEGMA</td>
<td>Oligo(ethylene glycol) methacrylate</td>
</tr>
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<td>OEOA</td>
<td>Oligo(ethylene oxide) methyl ether acrylate</td>
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<tr>
<td>OEOMA</td>
<td>Oligo(ethylene oxide) methyl ether methacrylate</td>
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<tr>
<td>OMS</td>
<td>Ordered mesoporous silica</td>
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<tr>
<td>OSET</td>
<td>Outer sphere electron transfer</td>
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<tr>
<td>PAN</td>
<td>Poly(acrylonitrile)</td>
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<tr>
<td>PBA</td>
<td>Poly(butyl acrylate)</td>
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<tr>
<td>PBS</td>
<td>Phosphate buffer saline</td>
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<td>PEG</td>
<td>Polyethylene glycol</td>
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<td>PEGDMA</td>
<td>Poly(ethylene glycol dimethacrylate)</td>
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<td>PET</td>
<td>Photoinduced electron transfer</td>
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<td>PGMA</td>
<td>Poly(glycidyl methacrylate)</td>
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<tr>
<td>Ph-benzoPTZ</td>
<td>Phenyl benzo[10-phenanthroline]</td>
</tr>
<tr>
<td>PhICAR</td>
<td>PhotoICAR</td>
</tr>
<tr>
<td>Ph-PTZ</td>
<td>10-Phenylphenothiazine</td>
</tr>
<tr>
<td>PLP</td>
<td>Pulsed-laser polymerization</td>
</tr>
<tr>
<td>PMA</td>
<td>Poly(methyl acrylate)</td>
</tr>
<tr>
<td>PMDETA</td>
<td>N,N,N',N''',N''''-Pentamethyldiethylenetriamine</td>
</tr>
<tr>
<td>PMMA</td>
<td>Poly(methyl methacrylate)</td>
</tr>
<tr>
<td>ppb</td>
<td>Parts per billion</td>
</tr>
<tr>
<td>PPh₃</td>
<td>Triphenylphosphine</td>
</tr>
<tr>
<td>ppm</td>
<td>Parts per million</td>
</tr>
<tr>
<td>ppy</td>
<td>2,2'-Phenyldipyrindine</td>
</tr>
<tr>
<td>PTZ</td>
<td>Phenothiazine</td>
</tr>
<tr>
<td>Q-PEI-MA</td>
<td>Quaternized polyethyleneimine methacrylate</td>
</tr>
<tr>
<td>RAFT</td>
<td>Reversible addition–fragmentation chain transfer polymerization</td>
</tr>
<tr>
<td>RDRP</td>
<td>Reversible-deactivation radical polymerization</td>
</tr>
<tr>
<td>RX</td>
<td>Alkyl halides</td>
</tr>
<tr>
<td>SAM</td>
<td>Self-assembled monolayer</td>
</tr>
<tr>
<td>SARA</td>
<td>Supplemental activators and reducing agents</td>
</tr>
<tr>
<td>SDS</td>
<td>Sodium dodecyl sulfate</td>
</tr>
<tr>
<td>SET-LRP</td>
<td>Single electron transfer living radical polymerization</td>
</tr>
</tbody>
</table>
Conflicts of interest

There are no conflicts to declare.

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